

Report of: The West North West Area Leader

Report to: The Outer West Community Committee – Calverley & Farsley; Farnley & Wortley; Pudsey

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To Note

Community Committee Update Report

Purpose of report

1. The Community Committee update report is submitted when there is additional committee business to report or a general update on other activity in the outer west area. Partner organisations and Council services will also contribute information to the Update Report.
2. The report also updates the Committee on pieces of work and partnership working that has taken place in the area.
3. Members are asked to note the discussions and any key messages.

Main issues

Update from Public Health - Health and Wellbeing (May 2018)

Healthy Weight Declaration

4. Leeds City Council is working towards adopting a Healthy Weight Declaration (HWD). This declaration's objective is to achieve a local authority commitment to promote a healthy weight across the council and the local population. There are 14 standard commitments which will help to raise awareness and connect partners to achieve this goal. For more information contact at Deborah.lowe@leeds.gov.uk or on 0113 378 6049.

Mentally Healthy Leeds

5. Mentally Healthy Leeds is a city wide mental health service put in place to reduce mental health inequalities and improve health and wellbeing in local communities. This will be achieved by working to;

- Reduce stigma and discrimination
- Reduce social isolation
- Increase resilience (the ability to cope when things get tough and to 'bounce back') this service will work with communities most at risk of poor mental health.

This service will use a variety of community development approaches including peer support, volunteering, groups and activities as well as awareness-raising campaigns. Training will also be offered to communities and local employers. For more information please see; <https://www.touchstonesupport.org.uk/services/mentally-healthy-leeds/>.

One You Leeds

6. A new free healthy living service called "[One You Leeds](http://www.oneyouleeds.org.uk)" which helps people improve their lifestyle and health, launched at the start of October. One You Leeds will offer programmes for people who want to change their lifestyle behaviour including: stopping smoking, managing their weight, eating more healthily, learning how to cook and being more physically active. This service is now looking to expand the amount of venues it has to offer local residents in the Outer West areas. Find out more at: www.oneyouleeds.org.uk or call 0800 169 4219

National Diabetes Prevention Programme (NDPP)

7. The NDPP, Healthier You is an evidence based programme which offers a great opportunity to reduce type 2 diabetes (TTD) in Leeds. Over 32,000 people in Leeds are known to be at risk of developing TTD and 26% of those at high risk can be prevented from developing TTD by attending intensive behaviour change programmes. Participants attend thirteen 90 minute sessions over the course of 9 months and topics include information on TTD, lifestyle and behaviour change.

Citizens @ Pudsey & Swinnow Forum & Citizens @ Tyersal Forum

8. The Tyersal and Pudsey & Swinnow forum last met on the 14th February and 26th February respectively. Both forums received Neighbourhood Policing and Environment Updates. Residents were advised on the approaching lighter nights and warmer days and that they needed to be wearier as issues would be more prevalent.
9. The Pudsey & Swinnow Forum took a different approach at the last meeting where the agenda was focused on local community organisations showcasing the range of activity being delivered in Pudsey and Swinnow. The forum had representation from Swinnow Community Centre, Pudsey Wellbeing Centre, Friends of Pudsey Cemetery & Chapel Spring and Pudsey in Bloom.

Youth Activity Fund Consultation 17/18

10. Following last year's youth summit event, the Community Voice and Influence Team have collated feedback from Children & Young people to produce an infographic illustrating

how they would like members to spend money on youth activities. The infographic is attached at **Appendix 1**.

Third Sector Goes Local (TSL)

11. **Appendix 2** provides an update report from TSL on a thematic workshop that examined the rollout of Universal Credit in Leeds from October 2018, focusing on what the third sector needs to do to help support their clients manage the change. The workshop also introduced GDPR to organisations to highlight some of the key changes from May 2018.

Social Media

12. The Communities Team have publicised a range of messages on the Outer West Social Media platforms around consultation, community events or improvements to an area, which have proven to be very popular. Currently the Outer West Community Committee Facebook page has a following of 937 people.

13. We would like to request members to share details and promote the networks to their constituents.

Corporate

14. **a. Consultation and engagement** - Local priorities were set through the Area Business Plan process.

15. **b. Equality and diversity / cohesion and integration** - The Business Planning process takes into account equality, diversity, cohesion and integration issues.

16. **c. Council policies and city priorities** - The themes in the Business Plan mirror the themes and priority outcomes at a city wide level and also reflect the delegated functions and priority advisory functions.

Conclusion

17. This report provides members with an update on any additional committee business and a general update on other activity or project work undertaken in the Outer West area.

Recommendations

- Note the discussions of the Outer West Community Committee and any key messages.
- To share and promote the social networking platforms for the Outer West Community Committees

Background information

- None